

2023-2024 USASF Cheer Age Grid

Adjustments in **RED** indicate a change/addition since the previous season (2022-2023)

U.S. ALL STAR FEDERATION



CLUB CHEER & DANCE TEAMS

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2023-2024 Cheer Age Grid

This document contains the division offerings for the 2023-2024 season in the following tiers:

- All Star Elite
- All Star International (an Elite tier)
- All Star Prep
- All Star Novice
- All Star CheerABILITIES Exceptional Athletes (formerly Special Needs)
- All Star FUNdamentals

The age grid provides a "menu" of divisions that may be offered by an individual event producer. An event producer does not have to offer every division listed. **However, a USASF member event producer must only offer divisions from the age grids herein and/or split divisions based upon the guidelines herein, unless prior written approval is received from the USASF.** Divisions/rules that are "less" or "more" restrictive than those listed are not permitted without written permission from the USASF.

USASF MEMBER TERM

- The USASF Member Term runs from June 1st, 2023 – May 31st, 2024

AGE OF ATHLETE FOR ALL DIVISIONS (see page 14 for an overview of all ages and divisions)

- **An athlete's date of birth must be on or between the dates listed to be eligible for the division.**
 - **Approximate Ages** are reflective of the typical age range athletes are during the **birth years** listed for each division.
- Background checks and Adult Athlete Specific Safe@AllStar Training are an eligibility requirement for "Adult Athletes".
 - **Adult Athlete:** Any athlete that turns 18 years old prior to 6/1/24 (born on 5/31/06 or before)

GENERAL ATHLETE GUIDELINES

- Athletes participating at USASF sanctioned events must be registered members of the USASF for the current season.
- All athletes taking the floor at USASF sanctioned events must appear on an Official USASF Event Roster.
- The athletes who perform a routine must remain the same from start to finish and **MAY NOT** be replaced by another athlete at any time during the performance.
- All Star Clubs may not also have a Rec team that competes and/or performs at **any** USASF Sanctioned event.
- Background checks and Adult Athlete Specific Safe@AllStar Training are an eligibility requirement for "Adult Athletes".
 - **Adult Athlete:** Any athlete that turns 18 years old prior to 6/1/24 (born on 5/31/06 or before)

CROSSOVERS (Please see **Unplanned Athlete Replacement Section** for additional information)

- An All Star cheer athlete is limited to crossing over to **2 (two)** additional cheer teams within their club per competition. Therefore, an athlete may compete on one team and crossover to two more teams within the same club during the competition.
- An individual will not be permitted to crossover from one club to another during the same event.
 - Exception: An athlete from one club without a Level 7 team may crossover to **one additional** club's Level 7 team so long as they do not exceed the maximum number of teams permitted.
- Crossover limitations herein do not include athletes that crossover from cheer to dance.
- An event producer may choose to be more restrictive than the USASF rules for crossovers whereby they may choose to limit the number of teams and/or levels an athlete may crossover to, however, an event producer may not be less restrictive than the limitations outlined herein.
- **Athletes are not permitted to be on teams in different competitive tiers:** There are no crossovers between Prep and Elite or Prep and International.
- International Divisions are considered an Elite Tier. Therefore, an athlete **is permitted to cross between** an All Star Elite team **and** an International team. An athlete **may not** be on All Star Prep and an Elite or International team.
- Crossovers are permitted between evaluation (ratings only) and/or exhibition teams and elite. Athletes are permitted to be on a Novice team and a Prep team or a Novice team and Elite team or a Novice Team and International team.

MOVING TIERS

- Athletes are permitted to move up a tier without approval from the USASF. *Athletes may move from*
 - *Novice to Prep* *Novice to Elite or International* *Prep to Elite or International*
- **Once an athlete has competed on an Elite or International team, they are not permitted to move to a Prep team without approval from the USASF, through their Regional Director.**
 - *Moving from All Star Cheer Elite Club Divisions to All Star Prep Cheer is prohibited.*
 - *Moving from International Cheer Divisions to All Star Prep Cheer is prohibited.*
- If a club wants to move an athlete down from a higher tier (Elite or Elite International) to a lower tier (Prep) during the same season they must request approval from the USASF, through their regional director. Approval **may** be granted for an individual athlete, one time, and the athlete **cannot** return to the prior tier during the season.

UNPLANNED ATHLETE REPLACEMENT (FOR SUDDEN SITUATIONS)

This section outlines what is permitted when an athlete is unable to attend an event on short or no prior notice. This addresses emergency situations that may arise, such as illness or circumstances that were unplanned or unpredictable (such as accidents, family emergencies, etc.). Typically, when 24 hours or less notice is given to the coach and adjustments must be made to allow the club to still take the floor at an event. The club must request approval from the USASF, through their Regional Director.

- In the event of a missing/absent member of a team a club may replace that athlete with another performer from that club that is a registered member of the USASF for the current season.
- A replacement is defined as an individual who was not on the team's Official USASF Event Roster taking the place of another athlete at an event. This usually occurs as a result of illness/injury.
- If the replacement athlete does not meet the age requirements for that particular division (this includes a coach), then the team is permitted to perform in "exhibition" **only**.
- Performing competitively for a team with a replacement member who does not meet division age requirements is not permitted.
- All appropriate general safety rules and level rules must be followed for the team regardless of the age of performers on the team.
- An unplanned replacement of an athlete(s) is limited to 3 performers maximum. Any number that exceeds 3 will result in the team performing in "exhibition" **only**. Up to 3 replacement athletes may be of a different tier if necessary.

EXHIBITION PERFORMANCES

Teams that perform in "exhibition" or "evaluation only" at an event must adhere to the USASF Age Grid and Level Rules as would any other team.

- "Exhibition" or "evaluation only" status does **not** allow a team to violate the safety rules or age restrictions (see exception addressed in Unplanned Athlete Replacement guidelines) that have been put in place for all athletes. Any additional exception to these rules must be obtained in writing from the USASF.
- An Event Producer may offer a team of less than 5 participants to perform as exhibition only, as long as they meet the safety rules and age restrictions of the Age Grid.
- All athletes taking the performance floor at a USASF Sanctioned event must meet the athlete requirements for attending a sanctioned event and entering the warm-up room. *This applies to all athletes **competing or performing** for a US based All Star Cheer or Dance Club, including athletes on All Star Novice, All Star Prep Teams, and All Star Elite teams. This applies to **Competitive, Show Teams and Exhibition Teams (including Parent Teams)**:*
 - Athlete membership paid for the current membership term. Exception: Athletes with Special Needs competing on a CheerAbilities team receive a complimentary athlete membership to the USASF.
 - Listed on the roster as an active or reserve athlete for the team(s) with which he/she will be entering the warm-up room and performing.
- Clubs who choose to take FUNdamentals class participants to exhibition will need to upgrade from free FUNdamentals athlete to a paid athlete (either Novice, Prep, or Elite) and will need to make their exhibition participants in a "grouping" fit a USASF division (Tiny, Mini, Youth, Junior or Senior) and roster the grouping as a "team" to create a roster and associate it to the sanctioned event.

USASF All Star Cheer ELITE TIER CLUB Divisions 2023-24

Level	Division	Approximate Ages	Eligibility by Birth Year	Gender	Team Size
1	Tiny	6-7 years old	2016-2018	Female/Male	5-30 Members
1	Mini	7-9 years old	2014-2017	Female/Male	5-30 Members
1	Youth	8-12 years old	2011-2016	Female/Male	5-30 Members
1	Junior	9-15 years old	2008-2015	Female/Male	5-30 Members
1	Senior	13-19 years old	6/1/04-2011	Female/Male	5-30 Members
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2	Mini	7-9 years old	2014-2017	Female/Male	5-30 Members
2	Youth	8-12 years old	2011-2016	Female/Male	5-30 Members
2	Junior	9-15 years old	2008-2015	Female/Male	5-30 Members
2	Senior	13-19 years old	6/1/04-2011	Female/Male	5-30 Members
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3	Youth	8-12 years old	2011-2016	Female/Male	5-30 Members
3	Junior	9-15 years old	2008-2015	Female/Male	5-30 Members
3	Senior	13-19 years old	6/1/04-2011	No Males	5-30 Members
3	Senior Coed	13-19 years old	6/1/04-2011	1 or more Males	5-30 Members
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4	Youth	8-12 years old	2011-2016	Female/Male	5-30 Members
4	Junior	9-15 years old	2008-2015	Female/Male	5-30 Members
4	Senior	13-19 years old	6/1/04-2011	No Males	5-30 Members
4	Senior Coed	13-19 years old	6/1/04-2011	1 or more Males	5-30 Members
4	Senior Open	18+ years old	5/31/06 & Before	Female/Male	5-24 Members
4	Senior Open Coed	18+ years old	5/31/06 & Before	1 or more Males	5-24 Members
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4.2	Senior	13-19 years old	6/1/04-2011	No Males	5-30 Members
4.2	Senior Coed	13-19 years old	6/1/04-2011	1 or more Males	5-30 Members
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5	Youth	8-12 years old	2011-2016	Female/Male	5-38 Members
5	Junior	9-15 years old	2008-2015	Female/Male	5-38 Members
5	Senior	13-19 years old	6/1/04-2011	No Males	5-38 Members
5	Senior Coed	13-19 years old	6/1/04-2011	1 or more Males	5-38 Members
5	Senior Open	18+ years old	5/31/06 & Before	No Males	5-24 Members
5	Senior Open Coed	18+ years old	5/31/06 & Before	1 or more Males	5-24 Members
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6	Junior	9-15 years old	2008-2015	Female/Male	5-38 Members
6	Limited XSmall *	14-19 years old	6/1/04-2010	No Males	5-16 Members
6	Senior XSmall *	14-19 years old	6/1/04-2010	No Males	5-16 Members
6	Limited Small*	14-19 years old	6/1/04-2010	No Males	17-22 Members
6	Senior Small *	14-19 years old	6/1/04-2010	No Males	17-22 Members
6	Senior Medium *	14-19 years old	6/1/04-2010	No Males	23-30 Members
6	Senior Large *	14-19 years old	6/1/04-2010	No Males	31-38 Members
6	Limited XSmall Coed*	14-19 years old	6/1/04-2010	1-2 Males	5-16 Members
6	Senior XSmall Coed *	14-19 years old	6/1/04-2010	1-2 Males	5-16 Members
6	Limited Small Coed*	14-19 years old	6/1/04-2010	1-5 Males	5-22 Members
6	Senior Small Coed *	14-19 years old	6/1/04-2010	1-5 Males	5-22 Members
6	Senior Medium Coed *	14-19 years old	6/1/04-2010	1-8 Males	5-30 Members
6	Senior Large Coed *	14-19 years old	6/1/04-2010	1-19 Males	5-38 Members
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* Indicates Worlds Eligible Division					

Levels listed in X.Y format follow Level X rules for Building Skills (Stunts, Pyramids, Dismounts, & Tosses) and Level Y rules for Tumbling Skills. Example: Level 4.2 follows Level 4 building rules with Level 2 tumbling rules.

USASF All Star Cheer ELITE TIER INTERNATIONAL Divisions 2023-24

Level	Division	Approximate Ages	Eligibility by Birth Year	Gender	Team Size
1	U16	12-16 years old	2007-2012	Female/Male	10-24 members
1	U18	14-18 years old	2005-2010	Female/Male	10-24 members
2	U16	12-16 years old	2007-2012	Female/Male	10-24 members
2	U18	14-18 years old	2005-2010	Female/Male	10-24 members
3	U16	12-16 years old	2007-2012	Female/Male	10-24 members
3	U18	14-18 years old	2005-2010	No males	10-24 members
3	U18 Coed	14-18 years old	2005-2010	Female/Male	10-24 members
4	U16	12-16 years old	2007-2012	No Males	10-24 members
4	U16 Coed	12-16 years old	2007-2012	Female/Male	10-24 members
4	U18	14-18 years old	2005-2010	No Males	10-24 members
4	U18 Coed	14-18 years old	2005-2010	Female/Male	10-24 members
6	U18 NT	14-18 years old	2005-2010	No Males	10-30 members
6	U18 Coed NT	14-18 years old	2005-2010	1-20 Males	10-30 members
6	International Open	18+ years old	5/31/06 & Before	No Males	10-24 members
6	International Open Small Coed	18+ years old	5/31/06 & Before	1-4 Males	10-24 members
6	International Open Large Coed	18+ years old	5/31/06 & Before	5-16 Males	10-24 members
6	International Open NT	18+ years old	5/31/06 & Before	No Males	10-30 members
6	International Open Coed NT	18+ years old	5/31/06 & Before	1-20 Males	10-30 members
6	International Global	18+ years old	5/31/06 & Before	No Males	10-24 members
6	International Global Coed	18+ years old	5/31/06 & Before	1-16 Males	10-24 members
7	International Open	18+ years old	5/31/06 & Before	No Males	10-24 members
7	International Open Small Coed	18+ years old	5/31/06 & Before	1-4 Males	10-24 members
7	International Open Large Coed	18+ years old	5/31/06 & Before	5-16 Males	10-24 members

USASF sanctioned events may ONLY offer these International divisions. All divisions offered by the IASF are not offered at USASF sanctioned events. Please see the International division list on this page to ensure division offerings at USASF sanctioned events. Competitions that follow IASF Guidelines may have additional rules/restrictions for the International Divisions. Please check with the Event Producer directly for further information.

Please note the following:

- “U Format” divisions have a bottom age. Use the Birth Year Column to verify athlete eligibility for all divisions.
- The minimum number of athletes for International divisions is 10. A penalty may be assessed for taking the floor with fewer than 10 athletes. (The minimum number of athletes will be 16 for the 2024-25 season)
- The maximum numbers of males on a Coed team may not exceed 2/3 of the total athletes on the team.
- Routine time limit for International Divisions is a maximum of 2:30.
 - Exception: Non-Tumbling (NT) routines may not exceed 2:00 and Global routines may not exceed 3:30 (30-40 seconds for opening Cheer portion, 20 second maximum to move from cheer portion and set up for music portion, and music may not exceed 2:30)

USASF All Star Cheer PREP TIER Divisions 2023-24

Level	Division	Approximate Ages	Eligibility by Birth Year	Gender	Team Size
1.1	Tiny	6-7 years old	2016-2018	Female/Male	5-30 Members
1.1	Mini	7-9 years old	2014-2017	Female/Male	5-30 Members
1.1	Youth	8-12 years old	2011-2016	Female/Male	5-30 Members
1.1	Junior	9-15 years old	2008-2015	Female/Male	5-30 Members
1.1	Senior	12-19 years old	6/1/04-2012	Female/Male	5-30 Members
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2.1	Mini	7-9 years old	2014-2017	Female/Male	5-30 Members
2.1	Youth	8-12 years old	2011-2016	Female/Male	5-30 Members
2.1	Junior	9-15 years old	2008-2015	Female/Male	5-30 Members
2.1	Senior	12-19 years old	6/1/04-2012	Female/Male	5-30 Members
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2.2	Mini	7-9 years old	2014-2017	Female/Male	5-30 Members
2.2	Youth	8-12 years old	2011-2016	Female/Male	5-30 Members
2.2	Junior	9-15 years old	2008-2015	Female/Male	5-30 Members
2.2	Senior	12-19 years old	6/1/04-2012	Female/Male	5-30 Members
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3.1	Youth	8-12 years old	2011-2016	Female/Male	5-30 Members
3.1	Junior	9-15 years old	2008-2015	Female/Male	5-30 Members
3.1	Senior	12-19 years old	6/1/04-2012	Female/Male	5-30 Members
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3.2	Youth	8-12 years old	2011-2016	Female/Male	5-30 Members
3.2	Junior	9-15 years old	2008-2015	Female/Male	5-30 Members
3.2	Senior	12-19 years old	6/1/04-2012	Female/Male	5-30 Members

Levels listed in X.Y format follow Level X rules for Building Skills (Stunts, Pyramids, Dismounts, & Tosses) and Level Y rules for Tumbling Skills. Example: Level 2.1 follows Level 2 building rules with Level 1 tumbling rules.

Please refer to the USASF Cheer Rules for Prep routine rules and guidelines. The specific page number is referenced in the Table of Contents of the USASF Cheer Rules.

ALL STAR CHEER PREP GUIDELINES

- All teams are combined female/male - prep teams will not be classified as coed, regardless of the number of males on a team.

USASF All Star Cheer NOVICE TIER Divisions 2023-24

Level	Division	Approximate Ages	Eligibility by Birth Year	Gender	Team Size
1 w/Restrictions	Tiny	4-7 years old	2016-2020	Female/Male	3 + Members
1 w/Restrictions	Mini	7-9 years old	2014-2017	Female/Male	5 + Members
1 w/Restrictions	Youth	8-12 years old	2011-2016	Female/Male	5 + Members
1 w/Restrictions	Junior	9-15 years old	2008-2015	Female/Male	5 + Members
1 w/Restrictions	Senior	12-19 years old	6/1/04-2012	Female/Male	5 + Members
2 w/Restrictions	Mini	7-9 years old	2014-2017	Female/Male	5 + Members
2 w/Restrictions	Youth	8-12 years old	2011-2016	Female/Male	5 + Members
2 w/Restrictions	Junior	9-15 years old	2008-2015	Female/Male	5 + Members
2 w/Restrictions	Senior	12-19 years old	6/1/04-2012	Female/Male	5 + Members
3 w/Restrictions	Youth	8-12 years old	2011-2016	Female/Male	5 + Members
3 w/Restrictions	Junior	9-15 years old	2008-2015	Female/Male	5 + Members
3 w/Restrictions	Senior	12-19 years old	6/1/04-2012	Female/Male	5 + Members

Please refer to the USASF Cheer Rules for Novice routine rules and guidelines. The specific page number is referenced in the Table of Contents of the USASF Cheer Rules.

ALL STAR NOVICE GUIDELINES

- All teams are combined female/male - novice teams will not be classified as coed, regardless of the number of males on a team.
- An Event Producer may offer a team of less than 5 participants, as long as they meet the age restrictions of the Age Grid. Prior approval from the Event Producer is required.

ALL STAR NOVICE SELECT

- The USASF will be offering a Novice Select option that will be available to all USASF Member Clubs. This resource will provide music, a framework of a Novice routine and a skill list to choose from. This was created to help newer coaches/clubs learn how to put together routines while reducing the cost of music and choreography fees.
- The Novice Select routines will perform in the Novice Divisions.

USASF All Star Cheer CheerABILITIES Divisions 2023-24

Level	Division	Approximate Ages	Eligibility by Birth Year	Gender	Team Size
1 w/Restrictions	Novice	6+ years old	2018 or before	Female/Male	5 + Members
2 w/Restrictions	Elite	6+ years old	2018 or before	Female/Male	5 + Members
2 w/Restrictions	Exhibition	6+ years old	2018 or before	Female/Male	5 + Members

Please refer to the USASF Cheer Rules for CheerABILITIES routine rules and guidelines. The specific page number is referenced in the Table of Contents of the USASF Cheer Rules.

USASF All Star Cheer CheerABILITIES Unified Divisions 2023-24

Division	Approximate Ages	Eligibility by Birth Year	Gender	Team Size
Unified Youth Exhibition	5-12 years old	2011-5/31/18	Female/Male	5 + Members
Unified Junior Exhibition	10-17 years old	6/1/06-2014	Female/Male	5 + Members
Unified Open Exhibition	18+ years old	5/31/06 & Before	Female/Male	5 + Members

CheerABILITIES Unified is defined as 50% or more of the athletes have disabilities (as defined by the Americans with Disabilities Act) and 50% or less are Unified Partners (typical athletes). Please refer to the USASF Cheer Rules for CheerABILITIES Unified routine rules and guidelines. The specific page number is referenced in the Table of Contents of the USASF Cheer Rules.

USASF All Star Cheer FUNdamentals Program for 2023-2024

This is an in-house program only.

Teams will not compete but may choose to exhibition the USASF provided choreography (see exhibition guidelines).

FUNdamentals GUIDELINES

As a benefit of membership, the US All Star Federation offers a true entry level class program for USASF member clubs to utilize as an offering to customers. This program will be an in-house class format. FUNdamentals is an opportunity for athletes to experience All Star in a seasonal, lower commitment, lower cost, entry level, non-competitive format. Progressions will be used to further separate the rules into smaller sections that are more conducive to the shorter season and will include a variety of skill sets. A coach will be able to choose the progression that is best suited for their athletes and has an opportunity to offer three concurrent class sessions.

The program includes:

- Music
 - Curriculum that leads to Choreography
 - Lesson/Practice Plans will be provided to USASF
 - Parent Engagement Tools
 - Activity Book for Participants
 - Implementation Guide
- Member clubs who wish to utilize this benefit will opt-in to the FUNdamentals Program. Opt-in is done by the club, through their USASF Member profile.
 - Members must agree to the FUNdamentals terms and conditions to have access to the FUNdamentals resources. Terms and conditions can be found in the club member profile.
 - The intent of the FUNdamentals offering is to have a program that INTRODUCES interested participants to All Star Cheer. It is designed as an in-house **class** program. It is not meant to create a team or go to an event. A Club, however, may **choose** to take Fundamentals class participants to a Sanctioned Event to perform their routine as an **exhibition**, provided they adhere to the following:
 - May not enter as a team that would be ranked or compete.
 - Must request a one-day music license from the USASF to use the music outside their All Star facility.
 - May wear t-shirt and shorts or practice wear for their exhibition performance
 - Meet all membership and sanctioned event requirements for Exhibition Performances. Clubs who choose to take FUNdamentals class participants to exhibition will need to upgrade from free FUNdamentals athlete to a paid athlete (either Novice, Prep, or Elite) and will need to make their exhibition participants in a “grouping” fit a USASF division (Tiny, Mini, Youth, Junior or Senior) and roster the grouping as a “team” to create a roster and associate it to the sanctioned event.
 - Exhibition performances may be performed on spring floor or carpet bonded foam.

DIVISION CLASSIFICATION: DIVISION I or DIVISION II

Division classification, as an eligible split, is applied to Elite Tier Divisions (only).

Division classification will be determined by the total number of Elite athletes within a club.

- *Once a club reaches 126 Elite athletes, they are no longer eligible for Division II.*
- *For clubs with more than 1 location, all locations' ELITE athletes will be tallied and combined to determine the clubs' division eligibility:*
 - *All Cheer Elite Tier athletes that are on a roster and take the floor during the current season will be tallied. This includes athletes in Cheer Elite Tier International divisions.*
- *Once an Elite athlete has been counted, they will not be removed from the cumulative total of Elite athletes if they no longer compete with the program. For example, if an athlete that has been injured or quits no longer is on the roster and/or competes with the club, the athlete that has already been counted will remain in the total competitive athletes for the current season.*
- *An Elite athlete that starts the season and competes with a club then changes clubs and competes on an Elite team with a different club would be counted in the total Elite athletes of both clubs.*
- *Once a club reaches 126 Elite athletes, they are no longer eligible for Division II regardless of when they exceed 125 Elite athletes. And they must compete in Division I the remainder of the current season when applicable.*
- *Clubs may opt-in to Division I status at any time during the season.*
 - *Once a Club opts-in to Division I status they may not return to Division II during the current season.*

Note: *A clubs' Division status may change throughout the season (they may move from Division II to Division I). The USASF member database records the roster with Division status at the time of the event. If a clubs' division changes mid-season, **the club is responsible for informing the event producer as change in division status may change bid eligibility.** The USASF is not responsible for communicating division changes. However, an event producer may ask the USASF to verify division status as it may apply to the year-end event.*

Guidelines for Splitting Divisions

The USASF provides guidelines for SPLITTING divisions in the best interest of providing a competitive environment. Whenever possible, there should be at least 2 teams in any given division and level. The guidelines listed herein will provide the basis for how this will be accomplished.

When following the split guidelines the event producer must move to the next step even if unable to split by an earlier step.

Division splits are not applicable in Novice divisions.

DI/DII division splits are not applicable in Worlds and International divisions.

Definitions for this section:

May means that an event producer is **permitted** to split but is not required. Anything that reads **may** is left to the discretion of the event producer.

Must means that an event producer is **required** to split if the division meets the criteria set forth in the guidelines.

May not means that the event producer is **prohibited** to split the division.

- Teams of different ages may not be combined into one division.
- Teams of different levels may not be combined into one division.
- **Senior Open & International Divisions** may not split by Small/ Medium /Large team size.

ELITE TIER excluding Worlds & International

(Includes Tiny through Senior **Open** Levels 1-5 and Junior 6)
(Does not include Novice, Prep, Worlds, or International Divisions)

- **Senior Coed 3, 4, 4.2, and 5 & Senior Open Coed 4 and 5 are the only guaranteed, stand-alone coed divisions in this ELITE TIER group**
- **Junior 5 & Junior 6 are the only divisions that may be split into coed and all girl in this “ELITE TIER” group**
- **Teams from the same Club:**
 - Teams from the same club, **regardless of their location**, will not have to compete against themselves if they have 2 teams of different size (Small/Medium/Large). The club may request for their teams to compete against each other. This does not apply to Senior Open teams.
 - Teams of the same size from the same club will NOT automatically be split and **must** compete against each other, unless split as part of an A/B split.

Step 1 - Division I (DI) and Division II (DII)

- A. The Event Producer determines if all permitted divisions at the event will be split into Division I (DI) and Division II (DII). If yes, the Event Producer must split every permitted division into DI and DII, **unless the split would leave only 1 team in a division, which would make splitting that division optional**. If no, the DI/DII split may be implemented as one of the optional splits.

Step 2 – Team Size

(Levels 1-4.2, excluding Senior Open)

- A. Small/Medium Splits: Event producers must split the division into Small (5-22) and Medium (23-30) divisions when there are at least 2 teams registered in each division.

(Levels 5-6, excluding Senior Open)

- B. Small/Large Splits: Event producers must split the division into Small (5-22) and Large (23-38) divisions when there are at least 2 teams registered in each division.
- C. Medium/Large Splits Event producers must split the division into Medium (23-30) and Large (31-38) divisions when there are at least 2 teams registered in each division.

Step 3 – Coed and All Girl

(Junior Levels 5 & 6)

- D. Event producers must split the division by coed and all-girl when there are at least 2 teams registered in each division. If there are not two team registered for each division the Event Producer may not split the division by coed and all-girl

Optional Steps – DI/DII | A/B

The splits below are OPTIONAL and may be applied in any order. They may choose to implement any or all of the additional splits so long as they follow the guidelines. No division may be subdivided further if it means that only one team will be left in a division.

- E. **DI/DII** – After implementing the prior splits Event Producers may split the division into Division I (DI) and Division II (DII) when there are at least 2 teams that will ultimately be registered in each respective division.
- F. **A/B** - If after implementing prior splits there are 10 or more teams in any given division, the event producers may split that division further. The event producers must use a name such as “Group A”, “Group B” to denote the split

ELITE TIER - WORLDS, & INTERNATIONAL

(Includes Senior 6, Limited 6 & International, Global, Non-Tumbling, U16, and U18 Divisions)

Team Size: XSmall, Small, Medium, Large, and Open divisions may not be combined.

Teams from the same club will NOT be split and must compete against each other.

Event producers may or may not choose to split divisions in the interest of competition. The splits below are OPTIONAL and may be applied in any order. They may choose to implement any or all of the additional splits so long as they follow the guidelines. No division may be subdivided further if it means that only one team will be left in a division.

A/B SPLIT

If there are 10 or more teams in any given division, the event producers may split that division. The event producers must use a name such as “Group A”, “Group B” to denote the split.

PREP TIER

Event producers may or may not choose to split divisions in the interest of competition. The splits below are OPTIONAL and may be applied in any order. They may choose to implement any or all of the additional splits so long as they follow the guidelines. No division may be subdivided further if it means that only one team will be left in a division.

A/B SPLIT

If there are 10 or more teams in any given division, the event producers may split that division. The event producers must use a name such as “Group A”, “Group B” to denote the split.

DII ONLY - EVENTS / SESSIONS

An event producer may guarantee DII splits in all divisions with DII only events or DII only sessions.

Clubs that do not qualify for DII based on club numbers OR clubs that qualify as DII but opt-in to DI for the current season would not be permitted at a DII only event.

Events that allow any club, regardless of division eligibility, will be referred to as “Open” events. DII only events will be referred to as “DII” events.

Events that follow the USASF Guidelines for Splitting Divisions_ which result in DII splits for some divisions do not need to follow the guidelines below.

An event producer may offer both an Open event and DII event on the same day in the same venue as long as they:

1. Clearly indicate they are separate events from the beginning. This includes, but is not limited to:
 - a. All communication to potential customers
 - b. Listing them as separate events on all advertising, promotional materials, and website.
2. Include “DII only” or “Division II only” in their event description and event name.
3. Create separate events in the USASF member portal and instruct all clubs to associate their roster to the CORRECT event
4. Structure the day in such a fashion that all clubs attending the two events (Open and DII) are not co-mingled in any fashion.

Examples:

- a. Events in a single venue should start one event early in the day and complete the awards ceremony or ceremonies prior to the performances of the other event beginning. A clear separation in the schedule with performances and awards concluding for one before the other begins.
 - b. Events in a facility with multiple venues (such as halls) may run them concurrently HOWEVER each venue (or hall) should be designated for either Open or DII. The 2 events should not take place in the same hall.
5. Awards must be based on the separate events. For example, you may not pool the scores from both the Open and the DII events to determine a single grand champion or level champions.
 6. DII only sessions: An EP may offer guaranteed DII only sessions at an Open event in the beginning, end or throughout the event. If so, the above applicable guidelines must be followed, by session, and may not co-mingle with the Open sessions/awards.

Examples:

 - a. A DII session may not have one panel as DII and another panel alternating with Open divisions.
 - b. A DII session may not have DII teams compete first followed by Open teams in the same session and then have them together for the announcement of awards.
 7. Worlds Bid Events: When an event producer hosts both a “DII only” Event and an “Open” Event in the same weekend and the World Bid Giving divisions are associated to the “Open Event”, a DII eligible club may:
 - a. Register the Worlds eligible team (or teams) ONLY for and associate their roster(s) to the OPEN event.
 - b. Register and associate all of their non-Worlds teams from their club to the DII only event.

2023-24 Season	DIVISIONS	USASF ATHLETE BIRTH YEAR ("x" indicates eligible for that division)																				APPROX AGES	
		2003 or before	1/1/04- 5/31/04	6/01/04- 12/31/04	2005	1/1/06- 5/31/06	6/01/06- 12/31/06	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	1/1/18- 5/31/18	6/1/18- 12/31/18	2019		2020
ELITE CLUB	Senior Open(L4/L5)	x	x	x	x	x																	18+
	Senior & Limited (L6)			x	x	x	x	x	x	x	x												14-19
	Senior (L1-5)			x	x	x	x	x	x	x	x												13-19
	Junior (L1-6)								x	x	x	x	x	x	x	x							9-15
	Youth (L1-5)											x	x	x	x	x	x						8-12
	Mini (L1-2)														x	x	x	x					7-9
	Tiny (L1)																x	x	x	x			6-7
PREP	Senior Prep (L1.1, 2.1, 2.2, 3.1, 3.2)			x	x	x	x	x	x	x	x	x											12-19
	Junior Prep (L1.1, 2.1, 2.2, 3.1, 3.2)								x	x	x	x	x	x	x	x							9-15
	Youth Prep (L1.1, 2.1, 2.2, 3.1, 3.2)											x	x	x	x	x	x						8-12
	Mini Prep (L1.1, 2.1, 2.2)														x	x	x	x					7-9
	Tiny Prep (L1.1)																x	x	x	x			6-7
NOVICE	Senior Novice(L1-3 w/restrictions)			x	x	x	x	x	x	x	x	x	x										12-19
	Junior Novice (L1-3 w/restrictions)								x	x	x	x	x	x	x	x							9-15
	Youth Novice(L1-3 w/restrictions)											x	x	x	x	x	x						8-12
	Mini Novice (L1-2 w/restrictions)															x	x	x	x				7-9
	Tiny Novice(L1 w/restrictions)																x	x	x	x			4-7
CheerABILITIES	CheerABILITIES Elite (L2 w/restrictions)	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x		6+
	CheerABILITIES Novice (L1 w/restrictions)	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x		6+
	CheerABILITIES Exhibition (L2 w/restrictions)	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x		6+
	CheerABILITIES Unified Open Exhibition	x	x	x	x	x																	18+
	CheerABILITIES Unified Junior Exhibition							x	x	x	x	x	x	x	x								10-17
	CheerABILITIES Unified Youth Exhibition											x	x	x	x	x	x	x	x				5-12
ELITE INTERNATIONAL	International Open (L7)	x	x	x	x	x																	18+
	International Open/NT/Global (L6)	x	x	x	x	x																	18+
	International U18 (L1-4, 6NT)				x	x	x	x	x	x	x												14-18
	International U16 (L1-4)							x	x	x	x	x	x										12-16

Use the **Birth Year** columns to verify athlete eligibility for all divisions. The **Approx. Ages** are reflective of the typical age range athletes are at some point during the 2024 calendar year based on their birth year.