

2024-2025 Traditional and Performance Recreational Cheer Divisions

This document contains the competitive recreational cheer division offerings for the 2024-2025 season. The age grid provides a list of divisions that may be offered by 9 Panel Cheer. 9 Panel Cheer does not have to offer every division listed at each event.

Recreational cheerleading organizations can register teams in Traditional or Performance divisions. Recreational programs will not be permitted to compete in Allstar Elite, Prep or Novice. Attempting to compete as Recreation and Allstar during the same season (regardless of Event Producer) will result in disqualification for your entire program.

- **TRADITIONAL**

- The program MAY be affiliated with, report to, and be governed by an organization such as; YMCA, Boys and Girls Club, City/County Parks and Recreational Program, American Youth Cheer, Pop Warner Association, or other community run program not associated with All Star.
- Each team MAY cheer for a sport during the 2024-2025 cheer season.
- Routines must consist of Cheer & Music combination.
 - Routine Max: 2:30 minutes
- No tosses allowed.
- Will follow USASF safety and legality level rules.
- Will follow United Scoring All Star Prep Cheer Scoring
- Tiny Tot Divisions will follow United Scoring Allstar Novice Scoring

- **TRADITIONAL GAME DAY**

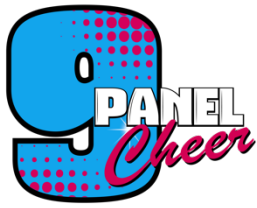
- The program MUST be affiliated with, report to, and be governed by an organization such as; YMCA, Boys and Girls Club, City/County Parks and Recreational Program, American Youth Cheer, Pop Warner Association, or other community run program not associated with All Star.
- Each team MUST cheer for a sport during the 2024-2025 cheer season.
- Routines include a combination of a band dance, situational cheer, crowd response chant or cheer, and a fight song or band dance style.
 - Routine Max: 2:30 minutes
- No tosses allowed.
- Routines in this division encourage a crowd response as if you were leading the fans at an actual game! Teams can use all sideline appropriate props such as signs, poms and megaphones in their routines.
- Will follow Traditional Game Day scoring rubric.

- **PERFORMANCE**

- Organization may be independent of town/city organization/clubs. Team does not necessarily cheer for a supported, sports program.
- Athletes **MAY NOT** cross from a Performance Rec Cheer team to a Traditional Rec Cheer team.
- Routines may be a cheer and music combination.
 - Routine max: 2:30 minutes
- Will follow USASF safety and legality level rules.
 - Exception: Level 4 - Fulls are allowed in running tumbling only and will be counted toward the running tumbling difficulty and technique scores.
- Will follow United Scoring Allstar Elite Cheer Scoring
- Tiny Tot Divisions will follow United Scoring Allstar Novice Scoring

Traditional Recreation Cheer and Performance Recreation Cheer routines may be performed on a spring or foam floor. Check with 9 Panel Cheer to determine what type of floor will be used at the competition.

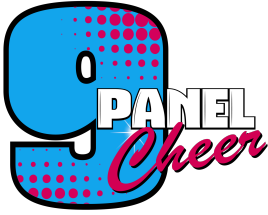
The age of the athlete will be based on BIRTH YEAR for the 2024-2025 competitive season.



2024-2025 Recreational Cheer Divisions

Performance Recreation Divisions			
Division	Ages	Birth Year	# of Participants/Gender
Level 4			
Senior Rec (18U)	18 years and younger	2005 and later	5-36 athletes, Female/Male
Junior Rec (14U)	14 years and younger	2009 and later	5-36 athletes, Female/Male
Level 4.2 (level 4 building skills, level 2 tumbling skills)			
Senior Rec (18U)	18 years and younger	2005 and later	5-36 athletes, Female/Male
Level 3			
Senior Rec (18U)	18 years and younger	2005 and later	5-36 athletes, Female/Male
Junior Rec (14U)	14 years and younger	2009 and later	5-36 athletes, Female/Male
Youth Rec (12U)	12 years and younger	2011 and later	5-36 athletes, Female/Male
Level 3.1 (level 3 building skills, level 1 tumbling skills)			
Senior Rec (18U)	18 years and younger	2005 and later	5-36 athletes, Female/Male
Junior Rec (14U)	14 years and younger	2009 and later	5-36 athletes, Female/Male
Youth Rec (12U)	12 years and younger	2011 and later	5-36 athletes, Female/Male
Pee Wee Rec (10U)	10 years and younger	2013 and later	5-36 athletes, Female/Male
Level 2.1 (level 2 building skills, level 1 tumbling skills)			
Senior Rec (18U)	18 years and younger	2005 and later	5-36 athletes, Female/Male
Junior Rec (14U)	14 years and younger	2009 and later	5-36 athletes, Female/Male
Youth Rec (12U)	12 years and younger	2011 and later	5-36 athletes, Female/Male
Pee Wee Rec (10U)	10 years and younger	2013 and later	5-36 athletes, Female/Male
Level 2			
Senior Rec (18U)	18 years and younger	2005 and later	5-36 athletes, Female/Male
Junior Rec (14U)	14 years and younger	2009 and later	5-36 athletes, Female/Male
Youth Rec (12U)	12 years and younger	2011 and later	5-36 athletes, Female/Male
Pee Wee Rec (10U)	10 years and younger	2013 and later	5-36 athletes, Female/Male
Mini Rec (8U)	8 years and younger	2015 and later	5-36 athletes, Female/Male
Level 1			
Senior Rec (18U)	18 years and younger	2005 and later	5-36 athletes, Female/Male
Junior Rec (14U)	14 years and younger	2009 and later	5-36 athletes, Female/Male
Youth Rec (12U)	12 years and younger	2011 and later	5-36 athletes, Female/Male
Pee Wee Rec (10U)	10 years and younger	2013 and later	5-36 athletes, Female/Male
Mini Rec (8U)	8 years and younger	2015 and later	5-36 athletes, Female/Male
Tiny Rec (6U)	6 years and younger	2017 and later	5-36 athletes, Female/Male
Tiny Tot Rec (4U)	4 years and younger	2019 and later	5-36 athletes, Female/Male

The age of the athlete will be based on BIRTH YEAR for the 2024-2025 competitive season.



2024-2025 Recreational Cheer Divisions

Traditional Recreation Cheer Divisions			
Division	Ages	Birth Year	# of Participants/Gender
Level 3			
Senior Rec (18U)	18 years and younger	2005 and later	5-36 athletes, Female/Male
Junior Rec (14U)	14 years and younger	2009 and later	5-36 athletes, Female/Male
Youth Rec (12U)	12 years and younger	2011 and later	5-36 athletes, Female/Male
Level 3.1 (level 3 building skills, level 1 tumbling skills)			
Senior Rec (18U)	18 years and younger	2005 and later	5-36 athletes, Female/Male
Junior Rec (14U)	14 years and younger	2009 and later	5-36 athletes, Female/Male
Youth Rec (12U)	12 years and younger	2011 and later	5-36 athletes, Female/Male
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Junior Rec (14U)	14 years and younger	2009 and later	5-36 athletes, Female/Male
Youth Rec (12U)	12 years and younger	2011 and later	5-36 athletes, Female/Male
Pee Wee Rec (10U)	10 years and younger	2013 and later	5-36 athletes, Female/Male
Mini Rec (8U)	8 years and younger	2015 and later	5-36 athletes, Female/Male
Level 1			
Senior Rec (18U)	18 years and younger	2005 and later	5-36 athletes, Female/Male
Junior Rec (14U)	14 years and younger	2009 and later	5-36 athletes, Female/Male
Youth Rec (12U)	12 years and younger	2011 and later	5-36 athletes, Female/Male
Pee Wee Rec (10U)	10 years and younger	2013 and later	5-36 athletes, Female/Male
Mini Rec (8U)	8 years and younger	2015 and later	5-36 athletes, Female/Male
Tiny Rec (6U)	6 years and younger	2017 and later	5-36 athletes, Female/Male
Tiny Tot Rec (4U)	4 years and younger	2019 and later	5-36 athletes, Female/Male

The age of the athlete will be based on BIRTH YEAR for the 2024-2025 competitive season.



2024-2025 Recreational Cheer Divisions

Traditional Gameday Recreation Cheer Divisions			
Division	Ages	Birth Year	# of Participants/Gender
Level 3			
Senior Rec (18U)	18 years and younger	2005 and later	5-36 athletes, Female/Male
Junior Rec (14U)	14 years and younger	2009 and later	5-36 athletes, Female/Male
Youth Rec (12U)	12 years and younger	2011 and later	5-36 athletes, Female/Male
Level 2			
Senior Rec (18U)	18 years and younger	2005 and later	5-36 athletes, Female/Male
Junior Rec (14U)	14 years and younger	2009 and later	5-36 athletes, Female/Male
Youth Rec (12U)	12 years and younger	2011 and later	5-36 athletes, Female/Male
Pee Wee Rec (10U)	10 years and younger	2013 and later	5-36 athletes, Female/Male
Mini Rec (8U)	8 years and younger	2015 and later	5-36 athletes, Female/Male
Level 1			
Senior Rec (18U)	18 years and younger	2005 and later	5-36 athletes, Female/Male
Junior Rec (14U)	14 years and younger	2009 and later	5-36 athletes, Female/Male
Youth Rec (12U)	12 years and younger	2011 and later	5-36 athletes, Female/Male
Pee Wee Rec (10U)	10 years and younger	2013 and later	5-36 athletes, Female/Male
Mini Rec (8U)	8 years and younger	2015 and later	5-36 athletes, Female/Male
Tiny Rec (6U)	6 years and younger	2017 and later	5-36 athletes, Female/Male

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